



The Housing Help Centre Year in Review 2024



Thank you for your dedication to supporting housing for all.

Because of you, The Housing Help Centre (THHC) has supported 10,096 people facing housing insecurity across Toronto and York Region last year. Thank you for making this possible!



We want to share with you the real stories of people who have been impacted because of your generous support. Our housing programs and food bank would not exist without people like you who are committed to ending homelessness by taking action to help their community. **We cannot thank you enough.**

Our core **Housing Help Program** helps tenants access affordable housing and provides ongoing support after move-in to prevent eviction or housing insecurity.



One client had four children and lived on a tight budget. They were behind on their bills and their electricity and gas was going to be cut off in the winter. When the client approached THHC for help, our counsellors helped them analyze their bills and shared information about rebate programs that they could access. Our counsellors intervened on the client's behalf with the utility companies and worked one-on-one with the client to apply for the rebated to ensure that they did not lose their power and utilities.

Your support has helped in more ways than you know.

In 2024...

3,067 individuals accessed housing

315 evictions were prevented through staff intervention

2,707 individuals remained housed 6 months after moving in

542 landlords were engaged with to find housing for clients



One client was experiencing domestic violence and found it difficult to showcase documentation of their situation and they were overwhelmed by the amount of work that would be involved. THHC's staff helped them put together all the documents, access and apply for low cost governmental housing, and move into their new housing in a safe manner.



THHC has been offering Settlement Services to newcomers to Canada since 2008. We help newcomers settle in by accessing housing, obtaining SIN cards, health services, and provide interpretation and translation services.

Our unique services also ensure that clients resolve settlement issues even after becoming citizens, such as family breakdown, separation, and violence perpetrated by family members.

In 2024...

2,160 newcomer families received settlement services

224 Ukrainian families were supported after displacement

102 Sudanese families were supported after displacement

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It was difficult for me to complete the paperwork to bring my children to Canada. THHC staff helped me put the documentation together and supported me throughout the entire progress. My children would not be here in Canada today without their help.

— Newcomer Settlement Services Client

Feeding the community.

THHC has been running our food bank for over 4 years to support the rates of food insecurity in the community. The food bank is **open 3 times a week** (Tuesdays, Thursdays, and Fridays) to meet the growing and urgent demand.

To address rising grocery prices, our staff make sure families have enough vegetables, fruit, meat, milk, and other healthy foods in each package. We also provide grocery cards for those with dietary issues or restrictions.



In 2024...

1,465 families received food from the food bank

5,835 individuals benefitted from the food bank

62,170 bags of food, meals, or grocery cards were given out

DID YOU KNOW?

Our food bank is 100% donor funded. We are grateful to our generous supporters who keep this lifesaving initiative going.

Our food bank has become a staple in the community and many rely on our services weekly. In fact, it is one of the largest food banks serving the east end of Toronto. Our staff show up rain, snow, or shine to make sure families in the community don't go hungry.



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If it were not for the THHC's food bank, we would go to bed hungry every day. The food that we get from them ensures that we have enough food for three meals every day.

— Food Bank Recipient



**Everyone deserves a
roof over their head
and a plate at the
table.**

**Thank you for your
support!**



**THE HOUSING
HELP CENTRE**

shhc.ca | 416 285 8070

To update your address or renew your
support, email us at **info@thhc.org**